

**AMENDMENTS TO THE CLAIMS**

1-10. (Canceled)

11. (Currently Amended) A nutritional supplement comprising at least two components administered in effective daily dosages selected from the group consisting of:

50-1000 mg +/- alpha-lipoic acid,

100-5000 mg acetyl-L-carnitine,

45-1000 mg resveratrol;

200-2000 mg lecithin; and

100-2500 mg N-acetyl cysteine with the proviso that the ~~composition~~ lipoic acid and the acetyl-L-carnitine are not administered together.

12-19. (Canceled)

20. (Currently Amended) The method of promoting cognitive or auditory function, said method comprising the step of:

administering to said cells a composition comprising at least two components in synergistic effective amounts of at least two components selected from the group consisting of:

25-2500 mg +/- alpha-lipoic acid,

50-7500 mg acetyl-L-carnitine,

25-2500 mg resveratrol;

100-5000 mg lecithin; and

30-6000 mg N-acetyl cysteine with the proviso that the ~~composition~~ lipoic acid and the acetyl-L-carnitine are not administered together.

21. (Canceled)